



Hartford HealthCare
St. Vincent's Medical Center

Swim Talk NEWSLETTER



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The Swim Provides HOPE During a Time of Uncertainty

By Kevin Blanco, a US Coast Guard Licensed Captain and Swim Committee Member



The Swim Across the Sound is very special to me for many reasons. Cancer impacts us all at least once in our lives. For me, cancer has impacted my family in three ways. My father, Richard Blanco, was a lover of the sea, fishing and family. He taught me many things and some of my fondest memories include the times spent on the boat in LI Sound, fishing, tubing and laughing. Unfortunately, my father lost his battle with lung cancer in 2002 at the

age of 58. **I participate in the Swim for Dad!**

My mother, Diane Blanco, also developed lung cancer in 2005. After surgery, she had many ups and downs, but I am grateful she is a survivor. She has been a rock for so many people battling this illness, through providing guidance and advocacy at support groups, so others can benefit from her experiences. **I participate in the Swim for Mom!**

My fiancée, Sarah Demary was diagnosed with breast cancer in 2015. Being diagnosed after just a few short months of dating, we faced a sizeable challenge together and plotted a course to wellness. Sarah underwent a double mastectomy and fortunately did not require further treatment. I am grateful that after multiple surgeries that Sarah has made a full recovery. Her strength and grace while battling this disease inspires me and others everyday to be the best version of ourselves. Sarah loves the water and we enjoy exploring coastal destinations together. **I participate in the Swim for Sarah!**



The Swim is a special organization. For me and many others, the Swim provides



HOPE during a time of uncertainty. HOPE while battling cancer. HOPE for a better outcome. HOPE for our families. It is through their tireless efforts that the Swim has been able to "turn the tide" against cancer.

Since my first Swim in 2009, I have been honored and privileged to serve in a number of different capacities

including, perimeter management, medical response boat, solo escort captain and the boat captains committee. **I participate in the Swim for all those in my family and yours that are battling this disease so that we can all have HOPE.** I am grateful to be part of this amazing community and I look forward to serving in many future Swims to come.

[VISIT OUR WEBSITE](#)



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Swim Across the Sound 2022

Registration is **OPEN** for the **35th** Annual Swim Across the Sound Marathon. The date is **Saturday, August 6, 2022.**

[Click Here to Register as a Boater, Swimmer or Volunteer](#)

SPONSOR SPOTLIGHT



Thank you to WE Transport who has supported Swim Across the Sound for the last 11 years, providing free transportation to our Swimmers and volunteers!

WE Transport

We spoke to Rob Quinn, Chief Operating Officer at WE Transport, to learn more:

Who are WE Transport?

During the past five decades, WE Transport has provided our Nassau and Suffolk customers, and more recently our Connecticut, Westchester and New York City

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Covid Update

Our top priority continues to be the safety of all and that includes following

COVID-19 guidelines by Hartford Healthcare, The States of CT and NY and CDC.

COVID vaccination is required to participate in the Swim in any capacity. Please be prepared to show proof of vaccination in order to participate.

To send proof of vaccination, please follow these step-by-step instructions:

Vaccination Verification Instructions

We look forward to seeing you August 6th!

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